

2009 CERT Registration

Registration deadline: March 24

Name: _____

Address: _____

City, State: _____

Zip: _____ Phone: _____

Email: _____

Occupation: _____

Method of Payment

Check/Money Order enclosed

P.O. Number _____

Visa MasterCard

Card #: _____

Expiration Date: _____

Signature: _____

Note: Payments should be made out to "Lake Stevens Fire."

I understand that the course fee of \$20 is nonrefundable and will be used to cover minor costs of running the course.

Signature: _____

Date: _____

Detach and Mail to:
Lake Stevens Fire
Attn: Alison Caton
9811 Chapel Hill Rd
Lake Stevens, WA 98258



Partnering for fire and life safety in our communities!

For more information contact:

Chris Badger, Arlington Fire Dept.
360.403.3618 or cbadger@ci.arlington.wa.us

Alison Caton, Lake Stevens Fire
425.212.3053 or acaton@lsfire.org

Kristen Thorstenson, Marysville Fire Dept.
360.363.8507 or kthorstenson@marysvillewa.gov



What is CERT?

CERT is about readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number.

CERT is a positive and realistic approach to emergency and disaster situations where citizens will be initially on their own and their actions can make a difference.

Through training, citizens can manage utilities and put out small fires; treat the three killers by opening airways, controlling bleeding, and treating for shock; provide basic medical aid; search for and rescue victims safely; as well as organize themselves and spontaneous volunteers to be effective.

Joint CERT Program

**Arlington Fire Department,
Lake Stevens Fire and
Marysville Fire Department**



2009 Spring CERT Training

March 27—May 8, 2009
Fridays from 6:30– 9:30 PM
Cost: \$20

March 27: Station 62
April 3: Station 66
April 10: Station 62
April 17: Station 66
April 24: Station 62
May 1: Station 66
May 8: Final Exam/Drill– TBD

Locations

Marysville Fire– 62 Marysville Fire– 66
10701 Shoultes Rd 7217 40th St NE
Marysville, WA 98271 Marysville, WA 98270

Required Equipment

Disposable latex gloves Respirator (dust mask)
Leather gloves Safety glasses/goggles
Hard Hat Whistle
Reflective Vest Travel backpack/duffel

The above items can be purchased online or at stores such as Fred Meyer, Ace, Home Depot, etc.

Websites for CERT Gear and Preparedness Kits & Supplies:

<http://www.qmuniforms.com/>
<http://getreadygear.com/>
<http://www.RiteintheRain.com>
<http://preparesmart.com>

Course Outline

Unit 1: Disaster Preparedness

Unit 2: Fire Safety

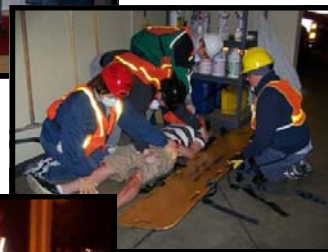
Unit 3: Medical Operations 1

Unit 4: Medical Operations 2

Unit 5: Light Search & Rescue

Unit 6: Disaster Psychology & Team Organization

Unit 7: Disaster Drill/Exam



Community Preparedness

Who can take CERT training?

Anyone who is capable of physically helping someone in the event of an emergency; especially community organizations, communities of faith, scouting organizations and other groups that come together for a common purpose. CERT skills are useful in everyday events and in disaster situations.

How do I get started?

To become a CERT member, you will have to take the CERT training from a sponsoring agency such as an emergency management agency or a fire or police department in the area where you live or work. See reverse panel for registration.

People who go through CERT training have better understanding of the potential threats to their home, workplace and community and can take the right steps to lessen the effects of these hazards on themselves, their homes and their workplace.

What is my Commitment?

You must attend all classes in order to receive CERT certification, there is a \$20 registration fee and there is required equipment that you must purchase for the course (see panel to left).

For more info about CERT visit:

https://www.citizencorps.gov/cert/training_mat.shtm